



**THE AUSTRALASIAN COLLEGE OF SOFT TISSUE THERAPY**  
*"Excellence in Practice Series - 2010"*

**PRESENTS A POST GRADUATE COURSE FOR HEALTH PROFESSIONALS**

*Mark Finch 2010 Australian Tour*  
*Course 4 Melbourne*

**THE FASCIA, ITS STRUCTURE AND FUNCTION - PART 3**  
**RESOLVING FASCIAL DYSFUNCTION IN THE**  
**SHOULDER GIRDLE**

**Presented by Mr Mark Finch**



**WHEN: SATURDAY & SUNDAY NOVEMBER 27<sup>TH</sup> & 28<sup>TH</sup> 2010**

**TIME: 9.00 AM – 5.00 PM**

**WHERE: MELBOURNE CBD AUSTRALIA**

**WHAT:**

*The healthy Shoulder Girdle facilitates a great variety of movement between the thorax, scapula, clavicle and humerus. The sliding and elongation of myofascial tissues coupled with the bony architecture permit this broad range of motion. The freedom, function and stability of this girdle depend on the balance of tensions in the myofascial structures.*

*The very myofascial tissues that allow that great range of motion can also cause dysfunction. There are many fascial planes and interacting structures in this area that can not only restrict movement but compromise vessels and generate pain.*

*The arm, neck, thorax or shoulder itself can all be the site of pain in shoulder girdle dysfunction. The underlying myofascial restriction however can be in a distant site. Understanding the fascial layer interactions and junction points is useful addition for any clinician looking to restore function in the shoulder girdle.*

### What will you learn in this 2 day workshop?

- Learn to approach shoulder girdle dysfunction from a fascial perspective.
- Learn simple assessment techniques to make sense of this complex area.
- Gain useful clinical skills to restore movement and relieve pain in this area.

**COURSE PRESENTER:** Mr Mark Finch.

Mark is an engaging and dynamic presenter who brings humour and an incredible foundation of knowledge and clinical skill to his courses.

Mark maintains a busy practice in Vancouver, Canada focused on Structural Integration and teaches regularly throughout Nth America and Australasia.

Mark has been a bodyworker since 1996, training in Therapeutic Massage, Neuromuscular Therapy, Structural Integration (KMI) and Visceral Manipulation.

### FOR FURTHER COURSE DETAILS PLEASE CALL:

Rob Granter (B) 03 9459 1299 (M) 0417 542723 or email: [rlgranter@optusnet.com.au](mailto:rlgranter@optusnet.com.au)

### ACT AS SOON AS POSSIBLE:

This course will book out quickly so to guarantee your place return this registration form as soon as possible.

### PROFESSIONAL EDUCATION:

This course qualifies for 20 CPE points through AAMT

### COST:

**Option 1: Total A\$400** if paid in full on enrolment

**Option 2: Total A\$435.** If paying via two payment Installments.

Installment 1: Pay \$135 on enrolment and

Installment 2: Pay the remaining \$300 on October 1<sup>st</sup> 2010

### REFUND POLICY:

Cancel before October 1<sup>st</sup>: Full refund minus administration fee of \$40

Cancel after October 1<sup>st</sup>: 50% of paid fees refunded



**COURSE 4 MELBOURNE: RESOLVING FASCIAL DYSFUNCTION IN THE SHOULDER GIRDLE PRESENTED BY MR MARK FINCH**

**POST TO:** ACSTT PO Box 128 HEILDELBURG 3084

**FAX:** 03 9459 1299

NAME:.....

ADDRESS:.....

.....POSTCODE.....

PHONE: BUS ..... AH .....

PROFESSION: .....

QUALIFICATIONS: .....

PROFESSIONAL ASSOCIATION MEMBERSHIP: .....

EMAIL: .....

**I WISH TO ENROL IN THE TWO-DAY SHOULDER GIRDLE WORKSHOP**

I ENCLOSE \$400.00 TOTAL COURSE FEES PAID ON ENROLMENT OR

**OR**

I ENCLOSE \$135.00 PAID ON ENROLMENT & AGREE TO PAY A SECOND INSTALLMENT OF \$300 ON OCTOBER 1<sup>ST</sup> 2010

**PAYMENT DETAILS:**

CHEQUE:  Please make cheques or money orders payable to "ACSTT"

VISA  MASTERCARD

Card no: \_\_\_\_\_ Expiry: \_\_\_\_ / \_\_\_\_ Payment \$ \_\_\_\_\_

Name on card:

Cardholders signature: