



THE AUSTRALASIAN COLLEGE OF SOFT TISSUE THERAPY

Proudly Presents The
"2013 Mid Week Mastery Annual Soft Tissue Conference"

**4 KEY PRACTITIONERS DEDICATED TO PROVIDING
CLARITY & BEST PRACTICE TO EFFECTIVELY TREAT SOFT
TISSUE DYSFUNCTION v2.4**



Kerrie Bolton, Mark Finch, Ebonie Scase & Dr Peter Selvaratnam

WHEN: THURSDAY FEBRUARY 28TH 2013

TIME: 6.00 – 9.30 PM

WHERE: MELBOURNE UNIVERSITY HAWTHORN CAMPUS

We are very pleased to announce the 2nd Mid Week Mastery Soft Tissue Conference.
We have a fantastic program which includes:

Myotherapist Kerrie Bolton

"The Role of Soft Tissue Treatment in Temporo-mandibular Joint Dysfunction"

Soft Tissue Therapist Mark Finch, Vancouver Canada:

"The Fascial Gearbox - Use the 3 S's to gain extra traction in your practice.

Sports Physiotherapist Ebonie Scase





"Achilles tendinopathy - I know what you injected last summer" &

Specialist Musculoskeletal Physiotherapist Dr Peter Selvaratnam

"Providing Clarity in the Diagnosis of Cervicogenic & Temporomandibular Disorder Related Headaches"

Cost for the evening is \$95 full registration. We invite you to attend this great event.

The 2013 Mid Week Mastery Conference Program

<p>The Role of Soft Tissue Treatment in Temporomandibular Joint Dysfunction, TMD In this presentation Kerrie will review evidence that supports the role of Soft Tissue Treatment in assisting recovery from Temporomandibular Joint Dysfunction (TMD), discuss associative factors for TMD development, review TMJ anatomy, discuss anterior displacement of the articular disc and provide a template for TMD assessment methods and management strategies.</p>	 <p style="text-align: center;">Kerrie Bolton</p>	<p>Kerrie is a Myotherapist and has been consulting at The Melbourne Spinal & Sports Physiotherapy Clinic since 1997. Kerrie has lectured on TMD to the Australian Physiotherapy Association, the Clinical Doctorate students at Melbourne University & the Institute of Registered Myotherapists of Australia. She also co-authored, with Peter Selvaratnam, the chapter 'Myofascial Trigger Point Treatment for Headache and TMD' in the textbook 'Headache, Orofacial Pain and Bruxism'.</p>
<p>The Fascial Gearbox - Use the 3 S's to gain extra traction in your practice. Strain, Sliding & Sensory input will change the way you see fascia Bringing together scientific understandings & clinical insights, this lecture will distill the complex ideas from fascial research into simple, fast & easy to implement clinical strategies. Use these strategies to assess & treat your clients from a 'fascial perspective' & increase your clinical effectiveness.</p>	 <p style="text-align: center;">Mark Finch</p>	<p>Mark is a soft tissue therapist with certification trainings in Massage Therapy, Structural Integration and Visceral Manipulation. Mark has spent many years teaching Thomas Myer's Anatomy Trains classes and now teaches workshops in his own unique approach to Myofascial assessment and treatment. Mark resides in Vancouver Canada where he maintains a busy practice.</p>
<p>Achilles tendinopathy "I know what you injected last summer" This presentation will review the tendinopathy continuum, a critical concept in knowing what treatment will be most effective at each stage of pathology. Clinical presentations of tendinopathy will be discussed with particular reference to the Achilles but also general tips to recognise tendon injury & differential diagnosis. A range of adjunct therapies will be discussed, understanding their efficacy & when they may be appropriate, <i>"It is important as clinicians we are aware of all the therapies available & how our treatments may need to be modified if our patients seek these out"</i></p>	 <p style="text-align: center;">Ebonie Scase</p>	<p>Ebonie is a Sports Physiotherapist. She was awarded the post-graduate scholarship at the Australian Institute of Sport & consulted at the AIS for 4 years. Clinical experience includes the Australian Ballet, 2010 Winter Olympics, 2010 Youth Olympics, multiple World Championships & the 2012 Paralympics (London). Ebonie has a clinical interest in the management of tendon injuries & currently consults at the Victorian Institute of Sport & Alphington Sports Medicine Centre. She is also completing her PhD in tendinopathy.</p>
<p>Providing Clarity in the Diagnosis of Cervicogenic & Temporomandibular Disorder Related Headaches It is estimated that 96% of the population suffer from a headache at some stage in their life with 16% of people experiencing a headache for more than one day per month. This presentation will address assessment of primary & secondary headaches & the differential diagnosis of Cervicogenic and Temporomandibular disorder related headaches This paper will also discuss a self-management strategy with a biomechanical taping programme of the spine and shoulder girdle in the management of Headache and TMD conditions.</p>	 <p style="text-align: center;">Dr Peter Selvaratnam</p>	<p>Peter is a Specialist Musculoskeletal Physiotherapist, Associate Clinical Professor at Melbourne University & adjunct Senior Lecturer at Monash University. He is the Principal at the Melbourne Spinal & Sports Physiotherapy Clinic, the Headache Centre of Victoria. Peter has a PhD in Functional Anatomy of the Cervical spine & nervous system. His recent book - <i>Headache, Orofacial Pain & Bruxism: Diagnosis & multidisciplinary approaches to management</i> co-edited with Ken Niere & Maria Zuluaga has been well reviewed by the medical & physiotherapy professions.</p>

COST: A\$95

FOR FURTHER COURSE DETAILS PLEASE CALL:

Rob Granter (B) 03 9459 1299 (M) 0417 542723 or email: rgranter@optusnet.com.au

SPECIAL PRIZEDRAWS

A number of prizes will be drawn on the night with all participants eligible to win

For example a copy of the Textbook: **Headache, Orofacial Pain & Bruxism: Diagnosis & multidisciplinary approaches to management** co-edited by Dr Peter Selvaratnam, Ken Niere & Maria Zuluaga **Courtesy of publishers Churchill Livingston Elsevier RRP \$85.00**

PROFESSIONAL EDUCATION POINTS

AAMT have allocated 5 CPE points and
IRMA have allocated 3.5 PDP points in Category 1 for this conference.

CHANGE OF PROGRAM:

Although it is not our intention, we do reserve the right to change a speaker or presentation topic due to unforeseen circumstances.

Registration for the Mid Week Mastery Soft Tissue Conference 2013

You have 4 Payment & Registration Options

1. Register & Pay Online via the TryBooking.com online booking service.

Please Click on the Link here  <http://www.trybooking.com/CHYI>

**OR Register by filling out your details below and POST TO:
ACSTT PO BOX 128 HEIDELBERG 3084 or FAX TO: 03 94591299**

NAME:.....

ADDRESS:..... POSTCODE.....

PHONE: BUS AH

QUALIFICATIONS:EMAIL:

I WISH TO ENROLL IN: The 2013 Mid Week Mastery Conference \$95.00

2. Cheque	<input type="checkbox"/>	Please make cheques payable to "ACSTT"	\$ _____
3. Direct Deposit	<input type="checkbox"/>	Acc Name: Aust Coll of Soft Tissue Therapy BSB No: 063233 Acc No: 10136823 Please include your Surname & the word MWMC on your bank transaction <i>Please ensure that this registration form is still faxed or posted to ACSTT</i>	\$ _____
4. Credit Card	<input type="checkbox"/>	VISA / MASTERCARD	
		Card no: _____	\$ _____
		Expiry: ____ / ____	
		Name on card:	