



**THE AUSTRALASIAN COLLEGE OF SOFT TISSUE THERAPY**  
"Excellence in Practice Series - 2010"

**PRESENTS A POST GRADUATE COURSE FOR HEALTH PROFESSIONALS**

**Mark Finch 2010 Australian Tour**  
**Course 2 Sydney**

**THE FASCIA, ITS STRUCTURE AND FUNCTION - PART 2**  
**RESOLVING FASCIAL DYSFUNCTION IN THE PELVIC**  
**GIRDLE**

Presented by Mr Mark Finch

**WHEN:** Monday & Tuesday  
November 22<sup>ND</sup> & 23<sup>RD</sup> 2010

**TIME:** 9.00 AM – 5.00 PM

**WHERE:** Monavale (Sydney NSW Australia)



**WHAT:**

*The behavior of fascial tissues is becoming more precisely understood through the work of many scientists around the world.*

*Of interest to clinicians is the understanding of mechanical strain transmission through fascia. This exciting new information presents a challenge to many clinicians because most manual therapy techniques are built on a functionally limited understanding of muscle and nerve tissue. The challenge for many clinicians is to integrate new scientific information into their hands-on practice in the clinic. Common challenges are palpation of fascia, understanding its three dimensional connections and role in function.*

*The Pelvic Girdle is central to balance and function of the entire body. Fascial strain in the legs, trunk or pelvis itself can create postural compensation and movement dysfunction. These imbalances can be the underlying causes of pain or restriction. Treating the pelvis from a fascial perspective, is a powerful tool for any manual therapist.*

*In this workshop you can expect to;*

- *Explore the architecture of myofascial structures around the pelvis, especially fascial intersections and junction points.*
- *Understand how postural patterns compromise function.*
- *Learn simple tests to identify imbalances and compensations in the pelvis and legs.*
- *Learn effective techniques to treat these compensations*
- *Understand how a fascial approach integrates into the clinical picture.*

*Australasian College of Soft Tissue Therapy*

*<http://www.softtisuetherapyonline.com/>*

*PO Box 128 Heidelberg 3084 Victoria Australia 61 3 9459 1299*

*Providing Excellence in Consultation & Education to the Soft Tissue Therapy Profession*

**COURSE PRESENTER:** Mr Mark Finch.

Mark is an engaging and dynamic presenter who brings humour and an incredible foundation of knowledge and clinical skill to his courses.

Mark maintains a busy practice in Vancouver, Canada focused on Structural Integration.

Mark has presented the Anatomy Trains™ courses throughout Nth America and Australasia.

Mark has been a bodyworker since 1996, training in Therapeutic Massage, Neuromuscular Therapy, Structural Integration (KMI) and Visceral Manipulation.

**FOR FURTHER COURSE DETAILS PLEASE CALL:**

Rob Granter (B) 03 9459 1299 (M) 0417 542723 or email: [rgranter@optusnet.com.au](mailto:rgranter@optusnet.com.au)

**ACT AS SOON AS POSSIBLE:**

This course will book out quickly so to guarantee your place return this registration form as soon as possible.

**PROFESSIONAL EDUCATION:**

This course qualifies for 20 CPE points through AAMT

**COST:** **Option 1: Total A\$400** if paid in full on enrolment

**Option 2: Total A\$435.** If paying via two payment Installments.

Installment 1: Pay \$135 on enrolment and

Installment 2: Pay the remaining \$300 on October 1<sup>st</sup> 2010

**REFUND POLICY:**

Cancel before October 1<sup>st</sup>: Full refund minus administration fee of \$40

Cancel after October 1<sup>st</sup>: 50% of paid fees refunded

**WHAT OTHERS SAY ABOUT THIS PELVIC GIRDLE COURSE**

*“Mark Finch’s workshops are by far the most enlightening, inspiring & practical Professional Development experiences of the century”*

*“Mark has presented an inspiring workshop. He has helped me re-evaluate my approach to what I’m feeling under my hands”*

*“Brilliant, extremely logical and sensibly planned and presented”*

*“Mark’s presentation and engaging style made the course an incredible learning experience. Mark is a brilliant guide and instructor for demonstrating his passion and skill”*

*“This was my first ever Fascia based workshop and I feel very confident to go back to my clinic tomorrow and apply Mark’s techniques immediately”*



**COURSE 2 SYDNEY: RESOLVING FASCIAL DYSFUNCTION IN THE PELVIC GIRDLE  
PRESENTED BY MR MARK FINCH**

**POST TO:** ACSTT PO Box 128 HEILDEMBERG 3084

**FAX:** 03 9459 1299

NAME:.....

ADDRESS:.....

.....POSTCODE.....

PHONE: BUS ..... AH .....

PROFESSION: .....

QUALIFICATIONS: .....

PROFESSIONAL ASSOCIATION MEMBERSHIP: .....

EMAIL: .....

**I WISH TO ENROL IN THE TWO-DAY PELVIC GIRDLE WORKSHOP**

I ENCLOSE \$400.00 TOTAL COURSE FEES PAID ON ENROLMENT OR

**OR**

I ENCLOSE \$135.00 PAID ON ENROLMENT & AGREE TO PAY A SECOND INSTALLMENT OF \$300 ON OCTOBER 1<sup>ST</sup> 2010

**PAYMENT DETAILS:**

CHEQUE:  Please make cheques or money orders payable to "ACSTT"

VISA  MASTERCARD

Card no: \_\_\_\_\_ Expiry: \_\_\_\_ / \_\_\_\_ Payment \$ \_\_\_\_\_

Name on card:

Cardholders signature: